



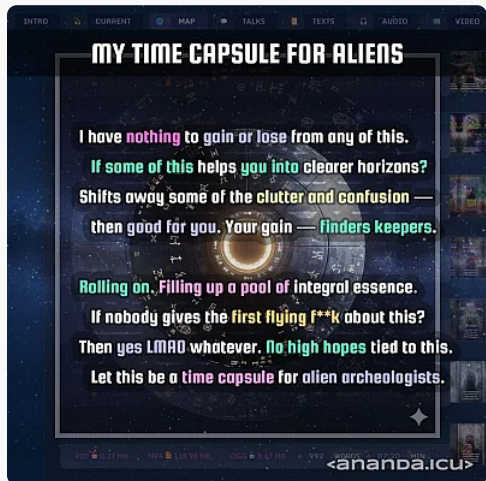
# YOUR KIND ATTENTION PLEASE — ALIEN TIME CAPSULE

◀ Posts ✧ #IGS.001 ✧ LINK  PDF 

Words: 553

✧ Created: 2025-10-10

Drop of graphic notes shared with attention-deficit social media audiences on mainstream platforms. Published: 150K words and 11+ hours of content in neat packages. Transcripts and free media packages to boot.



Plenty to munch here. Take a moment and dig into it? Or let all this become a time capsule for alien archeologists. Works for

me hey – does not alter actuality. *#CorePings #KindAttention*  
*#HowAware #YourCapsule #AnandaICU*

## Your Kind Attention Please

INTRO CURRENT MAP TALKS TEXTS AUDIO VIDEO

# YOUR KIND ATTENTION PLEASE

Shared: 150K words and 11+ hours of decent content.

Plenty to munch there. Most of it shared here.

Everything in playlists at @Mr.Om.Ananda YouTube.

Neatly organized at the <ananda.icu> repository, with transcripts and free media packages to boot.

"So that's there." If the topics here seem relevant? Then please upgrade from that "micro attention span".

Take a moment and dig into it. Macro up a notch.

You can handle three or even seven minutes, yes?

PDF 0.72 MB MP4 118.96 MB OGG 8.67 MB 992 WORDS ~ 07:30 MIN

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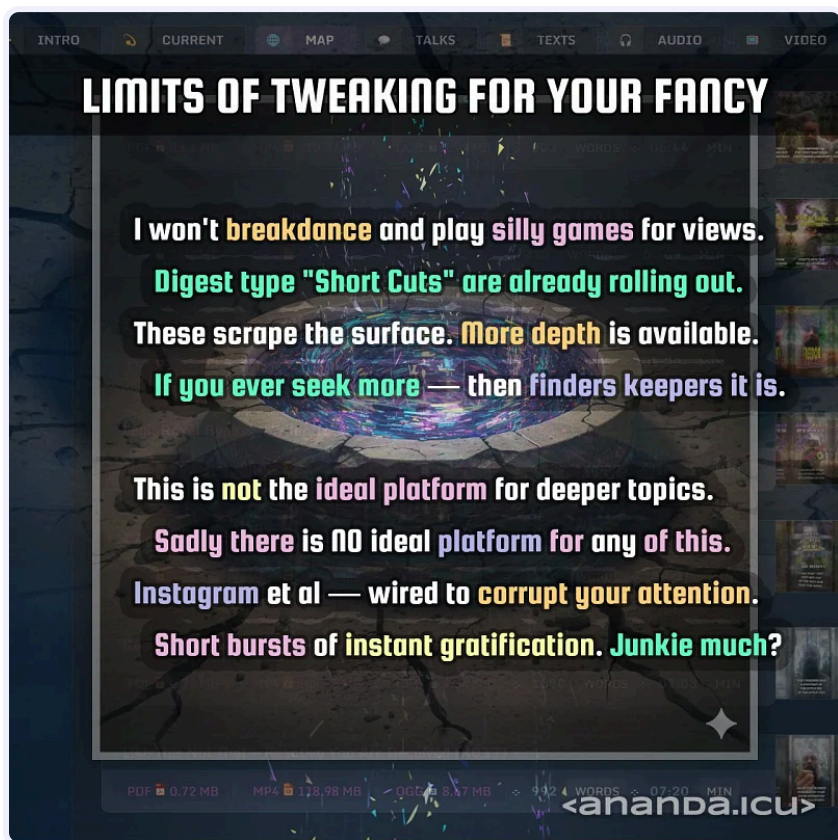
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## Limits of Tweaking for Your Fancy



I won't breakdance and play silly games for views.  
Digest type "short cuts" are already rolling out.  
These scrape the surface. More depth is available.  
If you ever seek more – then finders keeps it is.

This is not the ideal platform for deeper topics.  
Sadly there is NO ideal platform for any of this.  
Instagram et al – wired to corrupt your attention.  
Short bursts of instant gratification. Junkie much?

## Actual Field-Tested Substance

INTRO CURRENT MAP TALKS TEXTS AUDIO VIDEO

# ACTUAL FIELD-TESTED SUBSTANCE

Whatever insights I've pooled up over the decades.  
It's not junk food and quick fixes for feel-goods.  
Much of it: Radically life-altering reorientation.  
Actual field-tested substance. Not winging it here.  
Repacks of ancient essence. Extracts of core goods.  
Perspectives into the deeper fabric of our lives.  
Shared here with hopes you find some of it useful.  
What you do with it — that's entirely up to you?

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## My Time Capsule for Aliens

INTRO CURRENT MAP TALKS TEXTS AUDIO VIDEO

# MY TIME CAPSULE FOR ALIENS

I have **nothing** to gain or lose from any of this.  
If some of this helps you into clearer horizons?  
Shifts away some of the clutter and confusion —  
then good for you. Your gain — **finders keepers**.  
**Rolling on**. Filling up a pool of integral essence.  
If nobody gives the **first flying f\*\*k** about this?  
Then yes **LMAO** whatever. **No high hopes** tied to this.  
Let this be a **time capsule** for alien archeologists.

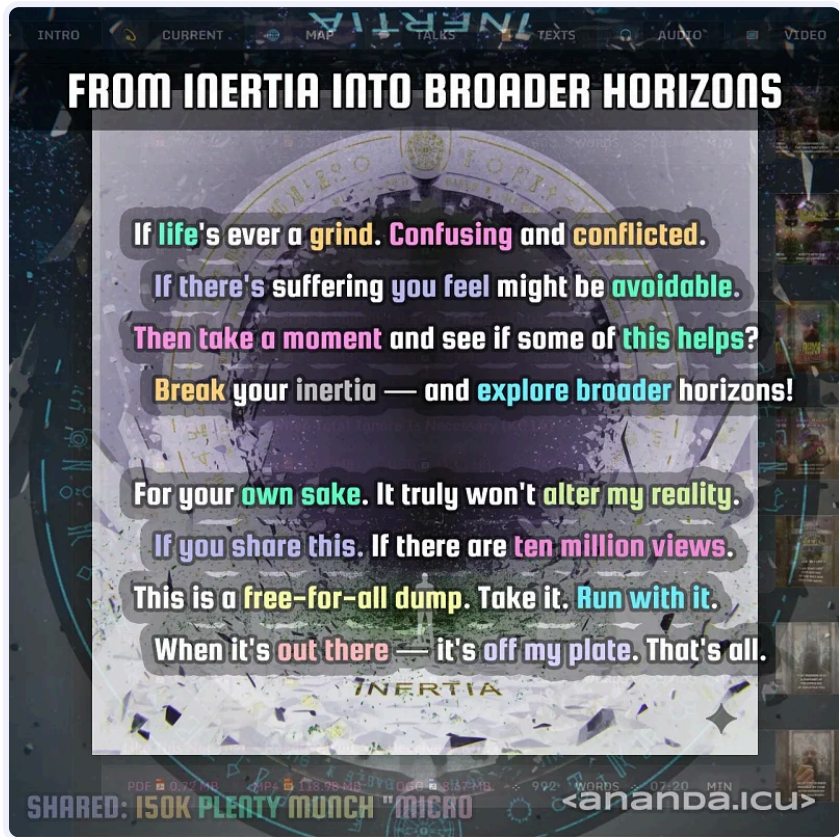
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## From Inertia Into Broader Horizons



If life's ever a grind. Confusing and conflicted.  
If there's suffering you feel might be avoidable.  
Then take a moment and see if some of this helps?  
Break your inertia — and explore broader horizons!

For your own sake. It truly won't alter my reality.  
If you share this. If there are ten million views.  
This is a free-for-all dump. Take it. Run with it.  
When it's out there – it's off my plate. That's all.

 <https://ananda.icu/notes/posts/your-kind-attention-alien-time-capsule>