

YOUR LIFECYCLE MANDALA • EIGHT REALMS OF AWARENESS (BTW009)

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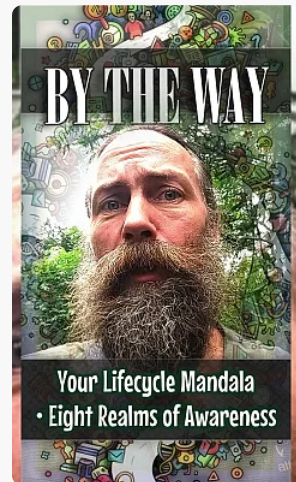
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Primer into the eight realms of awareness and their timeless relevance. We look at a process life-cycle encoded in ancient mandalas and unfolding before your eyes. Being. Seeing. Feeling. Wishing. Willing. Pooling. Aligning.

Life stations and concern domains – from baselines to fulfillment. We return to them time and again. As the perspectives are primed and integrated into your brain's interpretive models, your associative network begins to blossom.



#ByTheWay

#LifeCycleModels

#RealmsOfAwareness

#ProcessPhases

#ConcernDomains

#SpheresOfLife

#IntoTheOctagon

By the way. What's with all the primary patterns and essential elements and tiers of abstraction? Any chance we could have that in basic human language?

Okay. So here's the basic concept and the lay of the land and why it's relevant. Say you're trying to make sense of something. You're dealing with your emotions. You're trying to set your intention or you're mastering new skills.

These are all concern domains, particular framings of your awareness. And it's not like you master skills or orient to things just once in your life. You do it over and over and over again. These become realms of your awareness, you keep returning to them.

Each one of these realms of awareness has its distinct nature, its distinct dynamics, its unique potentials and challenges. Stations on the journey of our lives, but also dimensions of awareness, archetypes that are ever relevant and timeless.

So we keep on looking at life through this octagon of framings — like windows. *Being, seeing, feeling, wishing, willing, working, pooling, and aligning.* This here cascade, in its simplest terms, is an outline of a process life cycle. Both of your life as a whole and any single engagement you may plunge into. Contemplate, see if it correlates with your reality. Typically it does.

We don't explore the horizon of potentials without a baseline vehicle present. We don't engage in works of transformation or master new skills without basic bearings and orientation. We hardly pool our essence together or harvest our yields without having planted the seed of our will and direction.


So the basic sequence: *Being, seeing, feeling, wishing, willing, working, pooling, aligning.* It's not that complicated, is it?

But it's incredibly useful when you actually plunge into it, look at the distinct natures, potentials, concerns that are present in each one of these realms of your awareness — your concern domains. It puts you on the general map. You can see the gaps in the present. You can reflect on what was. You can gaze into the future, what's ahead.

When you attune to and attend to these basic fields of awareness. When you reflect on life through the prism of these primary facets. When you zone in with precision into the eight concern domains. And when these perspectives become naturally integrated into your brain's interpretive models, you end up with a fantastic inner hub of associativity. The interconnections between your diverse concerns grow by an order of magnitude.

It's not like the ancient sages and mystics were zoning into their octagonal mandalas just to go into some yonder god realm. No, that god realm is here and now when you weave your life together through the looking glass.

So that's that for the basic lay of the land. We have an orientation into the octagon, the eight stations of your life, the eight fields of your awareness. Beyond that, we have the elemental quad, influences present in all times and at all places – underlying factors. We'll get to them in a separate installment.

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