## HEAD SCREWED ON CLEAR × EMOTIONAL HASSLINGS (BZ003)

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Ever had a backseat driver vibe you sideways and damn near into an accident? Distracted when your chainsaw's running mid-way into that wobbly tree? We don't muck around when power tools are running — nobody wants fingers for dinner.



There's time for emotions and random bursts from the subconscious spheres. There's time for clear and rational

operation — when coherent processes are iterated with tight concentration and zero wobble. Know the difference — act accordingly.

Control your compulsions — temper your temperaments. Self-awareness and situational awareness are critical. Beyond matters of basic operational safety. For the sake of your balanced inner workings — for your evolution and well-being as a whole.

#BriefSnaps #Emotions #Processes #BackSeatDrivers #Operation #VibeDistraction #Concentration #Coherence #Clarity #AnandaICU

"What the hell are you flickering and waving on the side again? Shut up! This requires tight and sharp concentration. Mistakes can be fatal."

The classic example is of course when you're driving a vehicle. You need to keep your wits about, your attention tight, and make quick judgment calls. Slip there means the difference between life, death and significant injuries.

In the classic scenario, we have the man driving and the lady vibe-driving on the side, feeding in emotions to the traffic flow. In our day and age, it might be the trucker girl driving and the glitter girl mood-swinging on the side. Or the alpha gay at the helm and the whatever omega gay having emotional breakdowns on the side. That happens, right?

What I'm getting to is that there is a time for rational iteration of processes, operating, and there is a time for emotion, intuitions, etc. And we need to be aware, mindful of when is the time for each.

Suppose I've got my chainsaw revving. I'm in the middle of taking down a significant sized tree. I've looked at where it's falling and I know exactly where I'm cutting and what to take into consideration. And I really, really do not need your feedback from the side, your worries and concerns of what bees and what maybe nots, right? Those waves are potentially lethal for both you and I.

The locals here hold on to a principle of, "If you go chopping down trees, bring not your wife along." And there is some consequential truth to that from experience. As for us, we've established that power tools in motion and emotional diversions really do not

go well together - unless we are having finger sticks for dinner.

But you know, all of this goes much deeper than these practical examples of rational operation. Any process that is executed, iterated, internal or external, depends on the facts of what is and their relations in a system of interdependent factors.

Where there may be blind spots, then yes, intuition, whatever arises from your subconscious, may give you surprise bearings, shed light. But when it's all actually already clear - then there is no room for vibing around.

So please be conscious of your emotions, aware of their presence and impacts. Mindful of their roles, considerate of the time and place of their emergence. Knowing when to let them flow free as they may, knowing when to reel them back in – in order to not generate weird disruptions that are potentially harmful.

Then self-awareness and insulation from vibe distractions keep you safe on the road and when you're running your chainsaw. Now what are the roads and

vehicles of your awareness and how does one operate the psychic chainsaw? These are questions to ponder.

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