

WINDOWS OF OBSERVATION — THE METACOGNITIVE TREE (CS002)

◀ Conscious Systems ⇨  Video ▶  Audio ▶

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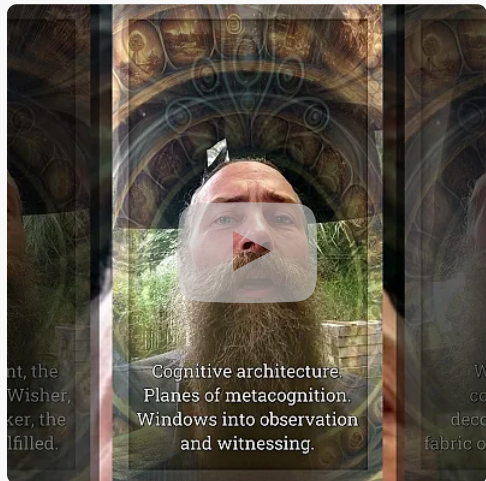
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Walk-through of the planes of your consciousness. Windows into the facets of your cognitive architecture. Tiers of composition and deconstruction — perspectives for unbinding from our conditions. This is not metaphysical speculation. This is consciousness technology — the methodical cultivation of clear observation and natural release from conditions.



From the octagon of framings in the human life-cycle. Via the elemental movers and shapers of all situations. Into the roots of seer-seen polarization and the couplings in the mirror. Binary tensions atop the host fields of emptiness and fullness. Welcome back to the tree of primaries in lucid awareness – witness it well and unbind from the mesh.

#ConsciousSystems #MetaCognition #TreeOfAwareness
#ElementaryFields #AttentionRewind #InnerDeconstruction
#CognitiveUnbinding #AnandaICU

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Cognitive architecture. Planes of metacognition. Windows into observation and witnessing. A quick walkthrough. We look at a basic stack of perspectives in

ascending order of abstraction. Each of these is a vantage point yielding insight when you recognize its presence and invest your attention into it.

Base Tier — The Framed Human Domains

At the base tier, our human embodiment — the framed modalities of our life-cycle.

One. We land here into a specific presence, a psychophysical vehicle crafted by nature. **Two.** We open our eyes, observe and orient to an environment. **Three.** We open our hearts, impressions and feelings brought in by the environment. **Four.** In the interplay of insight and feelings, aspirations and potentials unfold.

Five. Determinations are concentrated, will and way are asserted. **Six.** Entering the field of works, engagement in transformation. **Seven.** The aggregation of our yields, the integration and reconciliation of our essence. **Eight.** The culmination and alignment of potentials, the consummation of our life-cycle.

Then, at the base tier of metacognition, in the octagon of human framings, we were the *Present*, the *Seer*, the

Feeler, the Wisher, the Willer, the Worker, the Reaper, and the Fulfilled.

Intermediate Tier – Elemental Influences

Then, to the intermediate plane – the quad of influences, the elemental movers and shapers.

First. *Earth*: Foundation, structures, blueprint, the subject matrix. **Second.** *Water*: The flow, the adaptation, the cohesion, the reflective continuum. **Third.** *Fire*: Reaction, transaction, transmutation, catalytic interaction. **Fourth.** *Air*: Dispersion, coverage, pervasion, relational significance.

Then, at the middle tier of metacognition, in the quad of underlying dynamisms, we became the *Structor*, the *Adaptor*, the *Reactor* and the *Relator*.

Then, we've covered the composite models, the windows of observation. At the baseline, the octagon of human framings. In the intermediate, the cross of elemental dynamisms.

Primordial Tier – Indivisible Bases

Let us then continue into the underlying indivisibles.

We meet the base polarity, the root compositors. **Seer** and **seen**. *Energy* and *matter*. *Consciousness* and *substance*. Initiator and receptor. Giver and taker.

In their midst, we have the **mirror**, the threshold membrane. The field of meetings and becomings, of unions and transformations. Where *consciousness* meets and *intermingles* with *substance*. Here we are, at the zenith of the *tree of becoming*.

Underneath, we have the animating tensions. **In** and **out**. *Expanding* and *contracting*. *Unifying* and *specifying*. Joining and splitting. All of this, in the neutral womb of **emptiness** that hosts the realms of **fullness**.

Collapse from Sources to the Mesh of Complexity

The primordial hosts of *nothing* and *everything*, the preformative fields of existence. Of there, the *tensions*. Toward fullness, toward emptiness. *Inward* and *outward*.

Of there, the polarized coupling. *Observing consciousness, creative agency* – and *formative potential*, the *receptive fabric*.

Of them, the *subject structures*, the *cohesive adapters*, the *catalytic transactors*, and *relational significance*. And of there, into the concrete process stations and concern domains of our human lives.

Fabric of Consciousness – Unbinding Methodology

None of this is a matter of metaphysical speculation. We speak of the composition and deconstruction of the fabric of our consciousness. We recognize these windows, we *observe through them* – and in that, we liberate ourselves from the *bondage of these frames*. We are not these frames, individually or in diverse combinations. We have no need to assert identity into any of them.

These are simply windows into what is, instruments of engagement, facilitating the dissolution of your fractured subject shell and your reintegration back into the fabric of actuality – as it is. The dynamisms of existence as they are, without you seeking to manipulate them in your favor with a subjective agenda.

Actuality is naturally unveiled with the shredding of the *subjective field of distortion*. The windows we have

discussed, the *planes* and *facets of metacognition*, they are there to help you identify the knots of your bondage, to recognize the *domains of your conditioning*, to help liberate actuality from your subjective grasp.

We do not seek to liberate ourselves. We seek to liberate the world from the grasp of our tentacles – and in that, *our liberation is consequent*. There is *no you as such* that could be liberated. There simply is *what is – as it is*.



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