

# AIM FOR CENTER OF THE WHOLE · PIN THE THRONE OF BALANCE (CWO08)

◀ Casual Watcher ✧ 📺 Video ▶ 🎵 Audio ▶

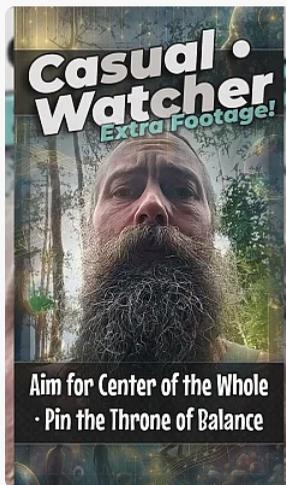
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Aim and direction in our lives. However, not into the tunnel – not where the nose goes, not chasing the carrots. Aim rooted in the big picture of our lives. Rooted in the center of the whole of our existence. On that throne of balance.

This footage was first filmed for the "Points of Our Lives" (CW005 ▶) episode – and then serendipitously forgotten. We reach beyond basic attention and concentration – into the governing and containing roots of our awareness. Watch it all.



#CasualWatcher

#Attention

#AimInLife

#TrueCenter

#RealPoint

#IntoBalance

#RootsOfAwareness

**Watchers! We bring you a Casual Watcher special.** First recorded for the "Getting to the Point" episode (CW005). Then I forgot about it. And here it comes again. We get to the point and we get way beyond the point into higher strata of consciousness. A sneak peek beyond. A good fit in this liminality – prior to the eighth station, as we prepare to watch our alignment. Episode 7¾. Have a see. Watch where you land.

**Here we are.** Gazing and musing at the world once again. Walking with the dog. Basically going wherever the nose points. Hopefully going forward, right? But that can't always be the case in our lives. If you always follow your nose, chase the carrot, wherever your desires lead you, wherever your fears lead you away from – then how conditioned you are.

To pause and actually ask the question, “What am I aiming for?” Do you have your bearings? Or are you simply running off a vague idea, basically winging it as it happens? What's your aim? What's your point?

What's your direction? What of the big picture of your life are you actually fulfilling by going in that particular direction?

If you don't have clear direction, well set bearings, you can never be proactive. You are simply reacting as it happens. And if we are simply reacting as it happens, taking turns as we are triggered, what are the chances you will ever reach a meaningful destination in your life? And what is a meaningful destination?

We are talking about the fulfillment of your life's potentials as a whole. If you don't root your aim in that canopy up high, then your attention is scattered. And rest assured that scattered attention is easy prey for those who would seek to benefit from you, to exploit you. Instead, let us keep the flock of our awareness tight and well together.

For your pack leader, alpha awareness. The radiant mind witnessing all that is. No bias. And for your tail keeper, omega awareness. The complete mesh of all the substance in your life, making sure all the loose ends are wrapped together. And here we are in the middle, roaming the roads of life. In the center of centers, with a clear compass to every direction.

If you seek the final aim, the root of roots, then go for the center of centers. And let everyone of those manifold aims be tied and tethered to the throne of balance in the midst. Harnessed into the service of the reconciled fullness of all of existence. Such is life on the witness plane. These are the ponderings of the casual watcher.

 <https://ananda.icu/talks/casual-watcher/cw008-aim-for-center-of-the-whole-pin-the-throne-of-balance>