

SIMPLE LIVING ESSENCE OF LIFE VS. TANTRIC HINDU BINDUS (HCO04)

◀ Hearty Chatter ⇨  Video ▶  Audio ▶

LINK  PDF  YT  MP4  OGG 

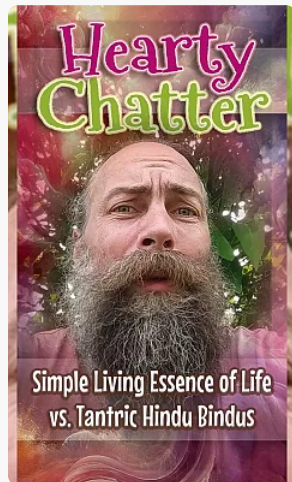
Words: 572 ⇨ **Length:** 03:00 min

⇨ **Created:** 2025-12-29

We are not anti-life here. Also not anti-clarity. Also not anti-intellect or anti-emotion. Or slanting it any-which-way. We're dancing across the broad spectrum in the mirror of the essences of life. Where you land – that you meet.

No need to be a crazy wisdom tantric yogi overloading the plain fabric of reality with trippy symbolic overlays.

True sky-clad mystics strip away every last shred of illusory projection. Landing smack middle what is – simply fulfilled.



*#HeartyChatter #LivingEssence #PlainMysteries #EsotericTrips
#BackToReality #RedDrops #PolarizedExistence*

So let's be crystal clear. None of this is anti-life. No one is saying that there is only one relevant pole to our polarized existence. That we should only attend to a transcendent heaven, and bypass the immanent earth. Good versus evil, mind versus matter. This sort of dual paradigm is moot. Whichever side of the coin you pick — you become half a creature. That's all.

If you take a moment to zoom out, take in the big picture, you'll see that in all of these talks, we're covering the full spectrum. If all you do is take a random sampling, then yes, you may land with dissociated intellect or associated emotion, apparently out of balance. That's due to your random sampling.

You are not spirit, you are not matter. You are holographic phenomena manifest in the middle, and the trials and the proofs of the liberation of your mirror-like wisdom is exactly in your ability to adapt to the full spectrum of existence.

That said, you must die to the finite in order to live in the fullness. If all you do is keep on ramming your awareness into the saturations of the world, you keep on darting in these finite tunnels. Released from subjective captivity, you unfold and unveil yourself to the fullness of living potentials.


Now, this living essence of life is hardly encountered by pouring symbolic overlays into it to make it more exciting. All these dreamy ideas of sacred tantric unions and conjoined Vajrayana deities, they are your psychedelic cocktail – they're not the plain living essence of life.

If you live in dependence of these sorts of symbolic frameworks in order to experience meaning in your mundane life, you are dwelling in hallucinations. Sure, if it floats your boat, then go for it – try not to be too deluded. But you could also just unveil wholesale and discover the harmonic plainness of the beauty of life that exists beyond your subjective assertions.

It's not like I spent a couple of years hands-on building a house on the hills for my wife and too many cats and dogs, developing gardens, crafting ecosystems, guided by dreams of tantric mandalas or whatever other

disconnected spiritual wankery. Simply, in following the momentum of "what is". Clear perception of the harmonics present in the environment. And there is ever beauty and insight in the simple plainness of what is – if only we unsubscribe from all of these mental overlays.

So you know, live your life to the fullest, behold it with maximum clarity. Don't need to be a crazy wisdom tantric yogi consummating your dread-drops of essence, tripping your balls off. Sure trip away at your rabbit holes, but please don't ever mistake them for the final word in reality. Be real. Be clear. Whatever that life brings before you – adapt, embrace and engage. That's the simple living essence of life.

 <https://ananda.icu/talks/hearty-chatter/hc004-simple-living-essence-of-life-vs-tantric-hindu-bindus>