

# SHARING YOUR DIGS IS CARING • WHAT DO YOU SHARE & WHY? (HCO12)

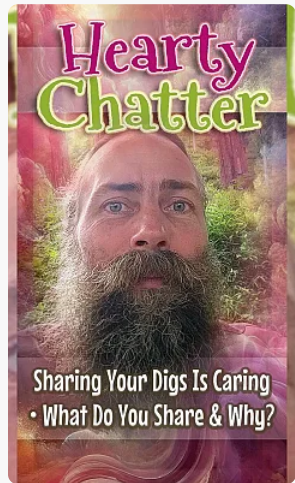
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Sharing the good stuff you discover – basically great! Doing it to stage yourself – well not so great. Peddling half-baked ideas as authentic truths? Please no. Staging your dream-identity – using the audience for self-validation? Great pretender class. Temper your presence with self-awareness.



#HeartyChatter

#SharingYourTakes

#SelfAwareness

#HonestFraming

#AuthenticPresence

#TransparentSharing

**So we like to share the good stuff that we discover.** Maybe it's inspiring, maybe it's helpful. And yeah, that's basically all great. Yet, as with all things, in sharing what we have, it should be tempered with self-awareness.

First, what am I sharing? Is it random scatter, or hypothetical ideas, or mature insight rooted in living experience? They're all good, they all have their purpose, but they should be framed accordingly. Our tone and our conviction over what we share should reflect their state of ripening.

It's especially easy and common to slip from our dream models, the ideas in our minds, into affirmations of more reality than there is to it. If only to convince ourselves, to fuel the hopes from our discoveries, we share and we even preach, as if that were "as is". Even while you have not verified it in any way whatsoever.

And that brings us to the second concern – why do you share? Just for the sake of sharing, for its own sake, is it? Free access to all information, open source documentation of our living experiences? Well, that's great. Or just for the profit, is it? Well, that's fine too, you know. We all need our bread and butter. Just be

mindful of what you peddle in and what not. Some things need to be always free and accessible to all.


Then into more insidious realms, where the ego uses the external world as a reflector for its own validation. You preach your ideas because you need to believe. Your beliefs are not validated by experience at this point. Then from insecurity to self-aggrandization, how you stage yourself as the master of all these things. You have this dream identity that you feel good in, that you need to believe you are, and you use others to affirm it, etc. etc.

With our ego high on board, everything becomes muddled, our framings become convoluted. "What is" is no longer clear – just illusions and projections. In some contexts, it's cute – and in others, not so much. When people start assuming roles of authority, exerting influence over others, even making demands, the risk for collateral is very real.

Driven by your messianic or prophetic need, dishing out half-baked ideas as if they were the final word in reality – that isn't good, right? Poor others who subscribe to your ideas, who believe in you as something that you are not. Then again, we all believe what we wish to

believe, what we must believe. But just be aware, it will all crumble down in its season.

Then short version bottom lines. Be aware of what you share, what grade of goods it is that you put on the table, and why you do it, what your stake in it is. And frame it all accordingly – be transparent. So that's all. Happy sharing, sharing is caring, and do try to care more for others than for yourself, as you share your wares.

 <https://ananda.icu/talks/hearty-chatter/hc012-sharing-your-digs-is-caring-what-do-you-share-and-why>