

# AXIS AND SPHERES OF THE PATH • HARMONY, CLARITY, PRESENCE (IPOO1)

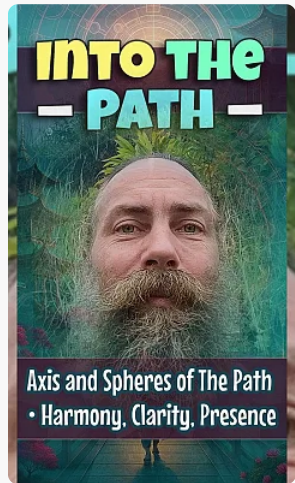
◀ Into the Path ✧  Video ▶  Audio ▶

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We orient to the most basic bearings on the path. Your axis of two poles – between emptiness and fullness, for your liberation and fulfillment. Your three spheres of concern – for harmony, clarity and presence – from purity, recognition and reflection. These shape the basic lay of the land as we continue into the fuller map for the path.



*#IntoThePath #ThePathOnboarding #BasicBearings #TwoPoles  
#Emptiness #Fullness #ThreeSpheres #Harmony #Clarity  
#Presence*

**As we enter the path**, let's start with an orientation to the broadest and most basic bearings. The two poles and the three spheres.

The **two poles**, *emptiness* and *fullness*, are the axis of our being and becoming. The *fullness of becoming* is one half of your story. The churning of every potential, the closing of every loop. The reconciliation and harmonization of your manifest existence. The other half is the *emptiness of being*, your release from the prison of permanent subject assertion in an ever-changing flux of reality. The release of your awareness from a habitual matrix of conditions.

When the poles of *emptiness* and *fullness* meet in the middle of your path, there is both consummation and liberation. This is the great work of alchemy at the beating heart of the path. These are the **two poles**. The vertical axis. Your tethers to heaven and earth. Above emptiness – and below fullness.

Then into the **three spheres**, three broad fields of concern, conducive of *harmony*, *clarity* and *presence*. The sphere of *harmony* is rooted in *purification* and concerned with ethics and reconciliation. The sphere of *clarity* is rooted in *recognition*, concerned with insight

and discernment. The sphere of *presence* is rooted in *reflection* and concerned with depth and contemplation.


With *purity*, there is fair selfless engagement, balanced principles of operation, leading to *harmonic existence*. With *recognition* free of distortions, discernment between truth and illusions, insight into the underlying nature of all things, we reach *unprecedented clarity*. With *reflective* absorption, there is depth of experience and contemplative wisdom. We enter the fullness of *authentic presence*.

These are the **three great spheres**. Rooted in *purity*, *recognition* and *reflection*. Leading to *harmony*, *clarity* and *presence*. These are not three silos in separation. The three spheres overlap as they orbit the axis of fullness and emptiness in our consummation and liberation on the path.

Then, in short, the emptiness of being and the fullness of becoming for our tether. The three spheres, leading to harmony, clarity and presence, for our fields of engagement. The two poles and the three spheres, for your basic bearings, as we continue laying out the path

into its fullest measure — in all of its self-evident emptiness.

The path is ever here and now, straight and simple. All you need is, open your eyes and overcome your resistance to "what is".

 <https://ananda.icu/talks/into-the-path/ip001-axis-and-spheres-of-the-path-harmony-clarity-presence>