

COGNITIVE WILDERNESS CORE TOOLKIT (K006)

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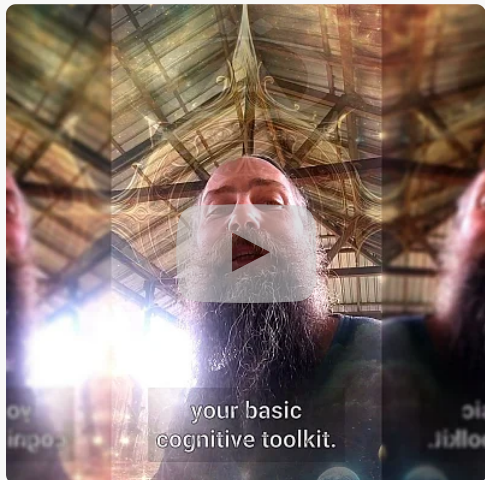
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Cognitive Wilderness

Core Toolkit —

When you head out into the wilderness of life... 

Don't forget to bring your basic cognitive gear! We cover the basics of conscious survival and sanity. Tuck these into your cranium – install your core tools.



 **Compass** = Four Bearings: Cross of Orientation —  Earth: Platform - "Matter Matters"  Water: Adapter - "Matter Sees"

⚡ Fire: Catalyst - "Seer Matters" 🌐 Air: Relation - "Seer Sees".

🔱 **Trident** = Me~Us~You – Too-Much~Balance~Too-Little.

🧭 Compass How-To-Use: - Identify the four dynamic influences. - Engage the elemental facilitators GPS. 🔱 Trident How-To-Use: - Poke yourself - poke others - poke in between. - Lift "too little" - drop "too much" - pin the "middle".

⚠️ Pro tip: Stir the Compass with the Trident! When human is not in operation: Return tools to the Tree of Life. Happy. Clear. Peace. Okay.

*#KernelTalks #CognitiveTools #Compass #Trident
#FourElements #Wilderness #SelfAwareness"*

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Lost in the woods again — are we? Such is the jungle of life. When you head out into the wilderness, don't forget to bring your basic gear. You need a **compass** — and you need a **trident**.

Compass as a *four-way cross* that *gives you bearings* wherever you are — and a trident to help you *sort out this from that and in between*. Okay. Wherever you are, whatever the context, situation, the specifics, doesn't matter. There are certain universals that are always present, that will always help you find your bearings again.

Basic Roots — Combinations of Seer and Matter

We start with the *very basic roots* of what is. There is the **seer** and there is the **seeing**. There is **energy** and **matter**. There is **awareness** and **substance** that we are aware of. *And they combine.*

Matter matters. Matter sees. Seer matters. And seer sees.

Now what exactly does that mean?

1. When *matter matters*, the structuring force compounds. In there you have your blueprint, your structural matrix, your wiring of baseline as to what you are.
2. When *matter sees*, then all of this substance is no longer just crude, static matter. It becomes adaptive, it becomes responsive to the environment, to its context.
3. Where the *seer matters*, you enter the field of interaction, impact, transformation. You, from your side, exert a force upon your environment. You catalyze.
4. And ultimately, as the *seer sees*, you gain a perspective of the full system of your reality, inner and outer.

So matter matters. Matter sees. Seer matters. And seer sees.

The Inner Compass – Four Principles and Four Elements

These principles, the structural matrix, *matter matters*, some call it the subtle element of **Earth**. *Matter sees*, the cohesive adapter, some call it the subtle element of **Water**.

Seer matters, the catalytic transformer, some call it the subtle element of **Fire**. And *seer sees*, the dispersion and pervasion of relations and meanings, some call it the subtle element of **Air**.

So we have this quad inner compass to account for when we are lost in the woods. So that's the *compass and the cross* – the quad sorted.

The First Trident – You, Others, Together

Then we get to the **trident**. Two applications of the triple.

1. First of all, matter matters. For **you**, for **others**, and in your **confluence** where the two of you meet in the mirror reality – where your blueprints unite, negotiate, come together in a shared field of operation.

2. Likewise, you adapt, others adapt, and in between, the middle ground between the two of you adapts – evolves to accommodate all.

3. Again, you catalyze, others land their impacts, and in between there is a field of reaction – the transaction happens. Attend to all of those.

4. Finally, you pervade the world with your meanings, others too have their systems of relations, and at your meeting point – there is a shared field of meanings that needs to be recognized.

So that's the first trident, number one.

The Second Trident – Too Much, Too Little, Balance

Number two. We evaluate **too much**, **too little**, and **just enough** in the *middle*, a sweet spot of *balance*.

1. Suppose your blueprint, matter matters. Is it too vague, ambiguous, or is it too hardwired and strictly structured? Or is it just the right size of a flexible blueprint?

2. Again, matter sees, your adapter. Are you too resistant, or are you too flexible in how you respond to the environment?

3. And third, the catalytic response. Are you too controlling, or are you too passive? Are you pushed around, or are you pushing around, or are you at the sweet middle spot?

4. And again, seer sees. But is your perception of the entire system of your being too dispersed, too thinly spread, or is it too contained? Or are you covering just the ideal sphere of meanings?

So that's the second trident.

First, you, others, and your union. The **second**, too much, too little, or just the right balance of influences.

Never Forget Your Compass and Trident

So then, if you're heading into the wilderness – bring your compass, bring your trident, use them together. **Carry your cross**, orient. **Wield your trident**, see this from that, and find the middle point.

Clear bearings will follow, *wisdom will follow* – and life will make *a lot more sense* than it did without your **basic cognitive toolkit**.

All right.

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