

CAN YOU BE HERE NOW? WALKING INTO RAW PRESENCE (KDWT01)

◀ Kernel Drops ⇨  Video ▶  Audio ▶

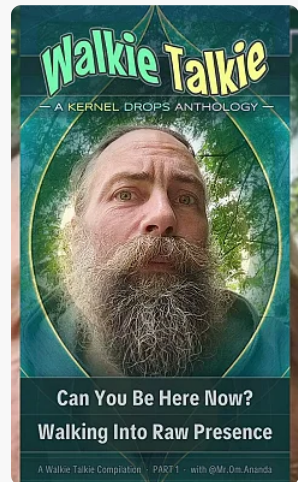
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Enter the first Walkie Talkie anthology! Being here now, actually present, isn't quite as trivial as it sounds. In the reels that follow, syndicated from the Walkie Talkie series, we take a free-flowing journey into aspects of your awareness. Factors that bring you into the clear fullness of present experience, and factors that lead you into tunnels further away from your center. This is the uncut full story. For an overview and the sources – see the leads below!



❖ **The Greatest Holy Work – Be Present In Actuality (WT001)**

• What need is there for awareness to be anywhere but here? In the actually here and now as it is. Not that multicolor extravaganza you paint over it to feel better or become something else. Past and future root for present. Be there. Tune into right now – it's a most holy moment. 🎬 Source: https://youtu.be/FsZR1N0_J4o

❖ **Be Here Now Right – As You Or Hippie Piles (WT002)** • I

hear you want to Be Here Now. Like a bunch of liberated hippies in a pile? Or like actually and fully present as you are? Whatever that actually means? Are you really looking for that absolute presence? Or just unhinged liberation feels? Then is there a conflict in being present vs. being yourself. Quite the opposite. Yourself only ever lives in the present. 🎬 Source: <https://youtu.be/kafcmnBU-Lg>

❖ **Mating NowHere and NoWhere – Everywhere in a Nutshell (WT003)** • Be Now Here Nowhere. Simultaneously.

Everywhere. At once. Aware of your total stack of awareness and cognitive dynamisms. Not somewhere on Jupiter or humping in a hippie pile. Actually right here and right now with no filters on. As it is. 🎬 Source: <https://youtu.be/SwVNcX-Iu1U>

❖ Rainbow Serpent Slipstream NoWhere Beyond Dodo Birds (WT004) •

We are not walking. We are driving far. Expand your mind. Broaden your horizons. Don't be a silly little bird suffering in your self-constructed cage. Break beyond the box and meet the fullness of your potentials. Be here now and everywhere.

Soar beyond that tired old roost. 🎬 Source:

<https://youtu.be/l2m1Vn60hqE>

*#KernelDrops #WalkieTalkie #BeHereNow #BeingPresent
#Anthologies*

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Greetings! Being here now, actually present, isn't quite as trivial as it sounds. In the reels that follow, syndicated from the Walkie Talkie series, we take a free-flowing journey into aspects of your awareness. Factors that bring you into the clear fullness of present experience, and factors that lead you into tunnels further away from your center. Fasten your seat belts into the present moment and enjoy the journey ahead.

Lead-In – Into Actual Presence

In our first installment, we look at our inclination to cling to the past, to hover into the future, the distortions that veil us from the present "what is".

1. The Greatest Holy Work – Be Present In Actuality

Wherever you are, whatever you face – be there, recognize that. What need is there for awareness to be anywhere else but here?

Yes, we take glances into the future. We recollect from the past. But all of it has its roots in the present of what is. This present actuality right here is the hub, the home base, the nexus for your awareness. The attractor of all that ever was in the past, the caster of all that will ever be in the future. Handle it on top priority – be here.

Informed by the past... Uncolored by the past... Unflavored by the past, uncolored by the future. Informed by them, yes, but not dictated by them. Free yourself from these filters, examine exactly what is, as it presents itself to your present awareness – without meddling. The word meddling, I use it a lot.

It is when you try to turn what is into something else, in order to feel better, in order to turn yourself into something else. Don't do that, it leads you into hallucinations. If you hallucinate to make your existence more bearable or meaningful, know that it is a short-lived fix, symptomatic relief, and in time you will always have to return to the true medicine of actuality itself.

Your mythic frameworks, your gods, your spirits, your angels and your prophets, they are all utterly meaningless, when they do not compile themselves into

present living reality. There is no living in truth by latching on to ideas brought forward by others. Living in truth only ever happens in the truth of your present experience.

Then step into the moment, ascend to the present before you. There is no other that holds meaning, substance, significance, truth... Actuality. As it is. There you have the greatest holy work, the mystic accomplishment. Allowing what is to be exactly as it is. Simple, but ever so complicated.

Then stop fiddling with your phone and your reality already. Go away, get lost in the present right here and right now.

Lead-In – Being Present As Ourselves

In the second installment, we ask the question, can you be present and also be yourself? In fact, you cannot anything but – you have to be fully present on every plane of your being.

2. Be Here Now Right – As You Or Hippie Piles

Be here now! — Right? Like a bunch of hippies in a pile — making love and going with the flow. Well, that's not exactly what I was pointing to in yesterday's walk-about on being present for actuality and what is.

That hippie love pile, for all of its merits of liberation, is untethered from the fullness of here and now. Zooming and humping a particular frequency of what is there, but ignoring the greater part of the here and now. Not attending to the broad spectrum of what is and what you are. Yourself.

So a friend asked in follow-ups, this being here and present and being myself, are these counterintuitive — contradictory? Well, actually, no, they're not. In fact, you cannot be yourself anywhere else except in the present. Your future is yet to be written — your past is memories that are fading.

What you remember of the yourself that was, typically a memory, an impression edited in your favor, you cannot live that, be present in there as yourself. Nor can you be present as yourself in an idea of what you should be in the future — your dream identity. There is no life in the past, there is no life in the future.

Living only ever happens in the present. In the fullness of the present, as yourself, attuning to all that is, exactly as it is. In full awareness and acknowledgement of your entire stack of being. Your instincts, your emotions, your thought-forms, your identity itself – the roles you take.

They are all a part of the present picture – embrace it in its fullness. As it is. Don't hover in the ghosts and fairies of past and future. Don't jump into the love pile of a particular bandwidth in the present. Be present in the fullness of what is present.

Rewinding from all over time and space into kind of present for a starter, and from there, being totally present, absolutely present, and as the nothing that is everything in the present. There you go.

The nothing, I simply point to the nothingness of a fixed present. The present is ever changing, it's elusive. You can only ever keep track of it, but you cannot lock it in place. You also cannot lock yourself in place – and from that we get the understanding of non-self. There is no fixed self anywhere to be found.

It's a living process of reflections. Don't try to be present in a snapshot. Be present as it happens. Void of permanence, void of your meddlings. There is the nothingness that sets you free.

Lead-In — Presence Demands Freedom

In the third installment, we look at "now here" and "nowhere", fullness and emptiness, the partners to our present clarity. Where emptiness, in freedom from attachment and reactivity, unfolds a space where the fullness of present actuality may be recognized.

3. Mating NowHere and NoWhere — Everywhere in a Nutshell

Now·here. No·where. Everywhere. Simultaneously. — "How confusing! I'm feeling lost." Good! If you're feeling lost, then congratulations are in order. You've landed somewhere in a place where something can be found, discovered. But is there something to be discovered? Isn't it all just like one and spiritual and done and shit, right? Like what?

Now you may land in the present when your attention is funneled just the right way, but alas, turn your head

again and you're all over the place. The rest of all of you is still a matrix of blind spots, all sorts of weird and wonky habitual nests your consciousness enters and abides in. The veils are still thick.

Do not think it is done until all of it is shred and shattered. You may have even ascended to some sort of a majestic crown, celestial palace in the crown of your head – but veiled. You're still caught up in a sense of identity. Owning it up, holding on tight.

So now-here and no-where are partners in crime in the process of enlightenment. Have them both. Emptiness and fullness. Necessary. The everywhere naturally follows from the nowhere, when you have shed your veils of confusion and when you have realigned your unevenly distributed attention. Everything – even simultaneously.

So what exactly is this everything? It's not like you are going to be on the moon and Mars and Venus and Jupiter and Saturn simultaneously. You are not going to be simultaneously present in every corner of the universe in all dimensions. However, you can be simultaneously present, aware, recognizing the entire stack of your awareness – the inner universe.

In a nutshell: Aware of your instincts, emotions, thought-forms and identity. Aware of your structures, cohesion, catalysis and relations. Aware of the plus, minus and balance – pushes, pulls and stability. That's a good basic package, constants to be aware of. Quite readily simultaneously possible.

All of this is quite readily available at all times – especially in the present right now. But do not latch on to it, do not start holding on tight. Have your "now here" sheltered in the nowhere. Keep your mini-me, your finite ideas out of it. Let reality, inner and outer, express itself as it is.

Then you can be everywhere simultaneously, because you are not pushed or pulled anywhere in particular. So be here now like a pile of conjoined gods hanging from the tree of life. Not that unhinged hippie pile, but an actual constellation of archetypal essence neatly tiered in order of due emanation.

Now all of that possibly leaves you with more questions than answers. And that's alright. Keep pondering and we keep on walking. As it happens.

Lead-In – Breaking Beyond Our Prisons

In the fourth and final installment we're breaking from the box and soaring high, up and down the road, expanding our horizons, and in that I apologize for the wind whistling on the background. One cannot be here now on a moving motorbike without expecting some noise in the process.

4. Rainbow Serpent Slipstream NoWhere Beyond Dodo Birds

Didn't get to walking today, so here I am, riding my magic pony, extending the horizon of operations. Explore the fullness of your horizon. Expand your potentials, broaden your mind. That is what all of this is geared for.

Expand your horizons, step out of that claustrophobic little box. It does no good for you. It shrinks you smaller and smaller into a minuscule shadow version of what you could be, if you were simply present here and now in the fullness of what is. Bound in the prison of your own constructs, rusty old shackles of your own design, the habits that keep you constrained and conditioned.

Break free! Fear not oblivion, nothing is everything. It's all good as you take the long road. Long road is a cycle closed. Ouroboros swallowing its own tail. All things come a full circle and you will meet your fulfillment. If only you step outside of that little finite box of what you think should be, must be, and how you are in it.

All stuck. All sort of weird congestions, but you hold on to them because you know nothing else. That's what you define yourself as. That is where you remain. Don't be buried in your own stuck ups. Break free, shed the shell, break from the cocoon, be reborn in the fullness of what you are. Become all that you could ever be. That's the message for today.

We are driving. We are no longer walking. Don't be a dumb little dodo bird stuck in the cage going extinct. Spread your wings, fly like an eagle. Explore the expanse. Be here now. Aiming nowhere, being everywhere. Right now.

Come mist, come fog, come whatever thunderstorms. On we go, and one day somewhere out there, you will meet yourself again. In here. See where it goes. Remember to dodge the trucks on the road. Don't be so


hasty in your adventures that you run in harm's way. This is all well contained. So...

Why did the chicken cross the road? It was a tragic existential crisis with suicidal tendencies. Now, how did the chicken become a feathered rainbow serpent, gliding across the slipstreams of the cosmos? That my friend is a tale for another ride. It's raining, and I am driving home. Back home, back to nowhere.

In Summary – Be Present and Stay Tuned

With that, it's a wrap for the first part of our Walkie Talkie anthology. Stay tuned and be present. More will follow in its season. If you find yourself impatient for more, no matter.

The full source materials are available on the @Mr.Om.Ananda channel and in the < ananda.icu > repository. Every road leads back to the present when you rise above your map of limited conditions. Be well and see you again.

 <https://ananda.icu/talks/kernel-drops/kdwt01-can-you-be-here-now-walking-into-raw-presence>