

OF GIVERS AND TAKERS · NURTURING THE BALANCE (MIMOO1)

◀ Mindful Maxims

LINK 

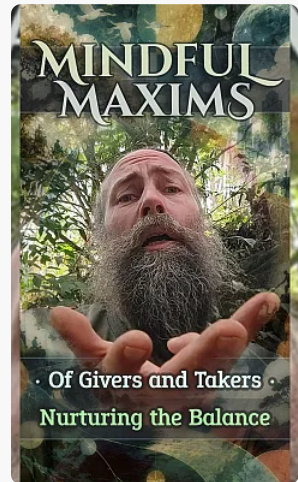
IA 

YT 

Words: 686 ❖ **Length:** 03:32 min

❖ **Created:** 2026-10-22 ❖ **Published:** 2026-10-22

You give less. You take more. That's how the world turns. In your favor, or so it seems — but not forever. It's unsustainable. When everyone takes more and gives less, in time our collective pool will run dry, and our whole begins to crumble down. When you don't settle your balances, you advance scarcity and the decay of the collective.



In giving without strings attached, in nurturing the balance of others, you contribute to our shared abundance. Gratitude and generosity are pillars of peace and happiness. In sharing, you

meet satisfaction and joy inherent to your true nature. Blessed are the givers – for they will be whole; and cursed are the takers in their separation.

#MindfulMaxims

#Ethics

#Balance

#GiveAndTake

#Reciprocity

#GoldenRule

#Fairness

Give less. Take more. The iron standard that rules the world. Driven by greed for taking, ambition for having and holding, that's how the world keeps on turning. Or so we imagine.

Sure, it keeps on turning when we keep pushing it to have more and more, but there's an obvious limit to that. If everyone takes more and gives less, then what's your projected outcome? In time, inevitably, the pools will run dry, the system as a whole will begin to fracture. It's an unsustainable mode of operation.

If, on the other hand, you give more and you take less, you plant a positive feedback loop, you nurture the whole. In turn, the whole will nurture you. Or that's the ideal. It's a bit more complicated in a world dominated by takers. Don't let the takers sap you dry. The takers,

they'll keep on taking and asking for more, but what made them entitled to have more than anyone else?

If in the fairness of all things, you end up having more, then that's quite alright. But if your having more is the outcome of your schemes – that's not. If you have more, then look at those who have less, and try to even the scales. Hoarding your accumulations, not giving when the need is evident, your loot will slowly rot away, and you along with it.

Then let not your giving be mere symptomatic relief. Give in support of sustainable, self-sufficient futures. Mind you, we're not talking about giving mere money, or even assets in general. We're talking, on principle, of all things ever, including your attention itself. Let everyone attend to me, and I'll attend to others at my leisure. And then you are the priority and hub of the world. Why exactly?

Reciprocity. If you expect to get, then you should give. But don't give simply as a scheme for getting. That's just another way of taking. Instead, give without strings attached. Without expectation. Simply as a matter of supporting the balance of others. It will give you the

satisfaction and joy of living true to your nature as an individual integrated in the collective.

Then yes, give to all, but give just a little bit less to those who take and put it in their pockets, and more for those who keep on giving forward. In doing that, you are not only giving to an individual. You are giving to the whole. In giving to the whole, you too will be whole again.

Then in short. Take more than you give. You advance scarcity. You engineer for collapse. Give more than you take. You advance fairness and balance. You contribute to the abundance of the whole. Giving even just a little bit over the 50-50 mark. We tend to default for just a little bit less.

Gratitude and generosity. These are pillars of peace and happiness. Not the peace and happiness established by having more, securing it, and trying to enjoy it. Instead, peace and happiness that follow, unprompted, from living true to your nature as an entity integrated with the whole.

Then blessed are the givers – and cursed are the takers. For the givers will thrive in unity, and the takers will

struggle in their separations. Apply this at all times and in all places. Thank you for being a mindful citizen of the collective. Be well.



<https://ananda.icu/talks/mindful-maxims/mim001-of-givers-and-takers-nurturing-the-balance>