

MR. ANANDA — WHAT'S YOUR POINT — INTRODUCTION TO MY ESSENTIAL BURDENS (N001)

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— *"What are you doing?
Why are you doing all of
this? What's your point?"*

Okay then. It's been a long
road crossing three
decades. A relentless ride
to the summit, depths, and
beyond of whatever all
that is. These are my
accumulations. I'm
dealing with the lot.



Some information in the bag. Some wisdom under the hat. As in, recognition of patterns and their proactive reflection. Fruity roots of diverse traditions. Synthesis of their essentials. These are the ingredients in my continuum, the spices of my life. I'm churning, I'm cooking. Whatever that comes of it. If you like it – cool. If you don't – it's fine. Nevermind – just doing my thing here.

#IntroSpectrum #MrAnanda #WhatsMyPoint #ShortBackStory
#EssentialBurdens #WhateverItsWorth

So what exactly are you doing – and why are you doing all of this?

Okay then. At the age of 15, some 30 years ago now, I moved into the ashram in a quest, a rather relentless one, to get to the summit, to get to the depths and to get to the beyond of the seeking for meaning, seeking for whatever it is that is ultimate.

From there onwards, a long phase of my life in India, Hinduism onward to Buddhism, pursuing the roots and the roots of the roots, the spring and the fountainhead of all things. After that, back to Europe, a phase of integration, introspection – a certain synthesis of all

that had passed, along with further studies, further experiments, explorations, to broaden my horizons.

A Certain Accumulation of Information and Wisdom

Then, all of that has resulted in a certain accumulation, not a critical mass, but certainly a bulk of information, of wisdom – wisdom as in recognition of patterns and their proactive reflection. And that is something that I carry, and I cannot act otherwise.

For the past decade or so, much of it has been in a latent field, alive unto me, but not really very much, fluffed out in the open. But since a year or so back, all of that has been stirred back into action by calls, invitations from the environment. And so, here I am – dealing with what I carry, my burdens.

Dealing with My Burdens – Hope There's Some Meaning


And of that, the hope is, it may be beneficial for you. If not, not a problem. I am not here to show my face, to sit on a pedestal, or whatever. I am simply dealing with whatever it is that life has dished out for me, with hopes that some good will come out of it.

These are not a drive for me. These are the ingredients of my life. And I churn them, and I cook, and whatever that comes, it comes as it comes. If you like it, cool. And if you don't, that's all right.

Whatever your environment, your tastes, maybe at the moment, that's all good. So, but, bottom line, I have what I have, and I'm dealing with it. Hope you find something in it that is meaningful for you.

Okay, that's the introduction.

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 <https://ananda.icu/talks/introspectrum/n001-mr-ananda-whats-your-point-introduction-to-my-essential-burdens>