

LOST AND FOUND IN EVER-CHANGING ENVIRONMENTS (OM007)

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Feeling lost and without direction? Happens at times. Why does it happen though? May we blame the environment? Or are we ourselves the architects of our disorientation? Where direction exists – but our self-framing is resistant.



You have your traits. Suppose kindness. Suppose problem-solving. If these only happens in specific ways and in specific contexts – then your potential is locked away into a specific

prison-house, your life a mere fraction of what the environment would support.

Then if you seek flow and engagement, direction and belonging, with hopes that your world won't collapse as the seasons turn; Look deeper into your essence, seek broader into the environment, rise to a plane of awareness where specifics no longer matter.

Do not force your drive across the world in that edgy alien ride. Your awareness is a vehicle that adapts to each and every terrain. Rise beyond your narrow being – become a citizen of the boundless. All of your environments are saturated with meaning and direction.

*#OpenMusings #Orientation #Direction #Belonging
#SelfLimitation #Reflection #Integration #InfinitePotential
#UnboundBeing #AnandaICU*

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"I'm feeling lost – without direction." Yes, that happens as the seasons change, as the world about you transforms.

As we live our lives, with a basic sense of what we are, we begin grafting around ourselves particular environments that support what we assume is our fulfillment in life. Typically, our initial bearings are limited, and as such, our craftings are also limited.

At some point, we may hit a dead end, even in the environment of our choice. What then to speak of shifting environments, where we do not have our scaffolds, where we do not have the props for our happiness in place. Feeling lost, feeling without direction, is there even a map to be found?

Shift of Perspective – Environment is Abundant

Now, let's shift the paradigm – change of perspective. The environment itself is abundant. What limits it is you – in how you limit yourself. You draw your perimeter, you establish your edges, you turn yourself into a very finite subject, dependent on particular conditions to support you. That is the problem.

In way of examples, looking at possible primary traits in an individual. Suppose kindness means much to me, I like to help people, or I'm good at solving problems, providing solutions. Well, excellent.

However, if you have wired yourself to only help people in particular ways, or solve particular kinds of problems, then when the environment does not provide you with those specific bearings, you are lost. Even while there would be plenty of help needed in the environment, and many the problems to be solved.

Your Deeper Traits – The Deeper Environment

So, if you're lost, if you're looking for direction. First of all, look within you, beyond the surface persona that you've crafted for yourself. Look into your deeper traits,

look into your deeper potentials. And then again, look at the environment, look at the deeper needs, deeper potentials in your environment. Begin bridging these two together, without hang-ups over a specific application.

The details do not matter, the details are easily adjustable. If you are caught up on the specific configuration of what you are, you are very, very dependent on your preferred context. And as life changes – you can never ever fix yourself in a particular state, in a particular environment – then you will be lost, you will be disappointed, you will be disoriented. Because of the way you have limited yourself.

Terrains of Awareness – Your Particular Finite Vehicle

If you limit yourself to a particular vehicle. I will only ever drive a monster truck, even be it a narrow back alley. I will only ever drive a race car, even on the off-road mountains. Then, where is the problem? What seems to be the necessary solution, is not the widening of roads and the paving of the off-road terrain.

But it is for you to adapt, change – adjust your vehicle to match the lay of the land. And in this vehicle of ours,

in our minds, our awareness, the change can happen at the press of a button, if we are amenable to change. If we are not, change is extremely difficult – but then again, if we are not, we will be lost over and over again, as the terrain inevitably changes in our lives.

Then, rise beyond the context specifics. Kindness of any kind, in any way. Problem solving, in any context. Peace, tranquility, in whichever terms, where reconciliation is possible – rather than in a particular framing that you are habituated to.

Open Your Eyes – The Environment Itself Will Guide You

You will have bearings, the environment itself will provide you with direction. We need not even call it the universe, it is much more intimate and very much in front of your nose, if only you open your eyes to it. But you must, first of all, open your eyes to the fullness of what you might be, what you can be, if only you are willing to become all that could ever be.

If you reflect all that is, you become a mirror image of all that is. The capacities will grow. The inspiration, the flow will be there – when you open yourself to it. If you

do not, if you shut your doors – I am this way, fixed and forever – then there you are in your little box, and whose fault is it?

It is not the fault of the environment or the universe for not adapting to your preference, for not becoming exactly what you would hope for it to be. No, rather we yield before the environment and the universe, in the terms that are unavoidable.

You can only push your wonky alien vehicle so far into the fabric of what is. You will create unnecessary friction, trying to force your way and trying to assert your persona, your particular wiring, where it is not called for, where it does not support what the environment requires.

We Reorient In Service to All That Is

In service to all that is, we establish our baseline. In service, we adapt as required. In service, we refine our presence and abilities, and in service, we are present in all that is. That will take you a long way in your quest for context, for flow, for meaning into your life.

If on the other hand you persist in your specific wiring. A container for taking from the world and inserting into yourself. Then you are at odds with the world, you are at war with the environment, and you are in a conflict of interest with just about every other living being that does not support your hopes and aspirations orbiting around your belly button.

It's a claustrophobic place to be at the end of the day. Can we please just snap out of it, expand our horizons? It will be better for us, it will be better for all others, it will be better for the environment as we adapt, grow, mature, harmonize, find fulfillment – all together, integrated, rather than in our separate silos.

Sameness and Difference – Foundations and Vastness

See the sameness to find your connections – and see the difference for operational refinement. Both are required. See the foundation where all of you rest – see the vastness into which all of you expand. Basic bearings to give you direction.

You are only ever lost when you do not open your eyes for a broader and deeper vision. Look beyond the tip of your nose and look beyond the specifics of whatever is

present. You will find new bearings, you will find bearings that carry from context to context, that nurture the essence of what you are, wherever that you may ever land.

Into Genuine Freedom – As You Become It All

Liberate your mind, enter a realm of freedom, they say – but freedom here is not your absolute dominion. Freedom is not the freedom to do what the hell ever you may fancy at any given time.

Freedom is your ability to adapt and exist with the fullness of your essence, wherever it is that you are, and whatever it is that life may bring you at any given time. There is true freedom – not in your subject assertion.

So if you feel lost, find yourself first, actually. And if you struggle to find a direction, then look at the map of generality. It is not complicated, but it is a step you must take, a threshold you must cross from your specific fixation into a broader universe.

So that's all. Happy trails in the vastness of the cosmic flux, or whatever the sort of thing is that one might say at the end of a review such as this. Be well.

 <https://ananda.icu/talks/open-musings/om007-lost-and-found-in-ever-changing-environments>