## LOST IN ESOTERIC MODELS? USE YOUR OWN AWARENESS (PSOO4)

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Words: 520 : Length: 03:00 min

**∴ Created:** 2025-11-23 **∴ Updated:** 2025-12-01

Making sense of esoteric models and mystic diagrams? Chakras, Sefirot, Neidan — confused on how to approach it all? Fair enough. Some of it is veiled in complex sets of symbols. Some of it is confused and confusing — modern spins more so.



Don't stress your brain trying to download and force install maps. Have a look at the living landscapes of your awareness.

Introspect and reflect on your inner ground of being. Maps are supplementary — the reality of your roads is primary.

#PonderStruck #Esoteric #Confusion #Mystical #InnerWorlds #Chakras #Sefirot #Neidan #Awareness #Introspect #AnandaICU

Mystic maps and diagrams, esoteric flow charts, depictions of dimensional cosmology — it all makes you ponder. We meet the chakras, psychosomatic centers, typically in neo-yogic traditions. We have the Sephirot in the tree of life from Kabbalah. Neidan and the microcosmic body from Taoist sources.

Now in principle, that's all potentially useful, especially if we are looking at classical schematics. On the other hand, if we are looking at upcycled modern creations, inspired spin-offs, those are potentially very confusing. The bottom line is, these are all fields and dynamisms of awareness itself, consciousness and its descent into the realm of forms.

Where it all goes sideways and becomes unrooted is when people begin to develop these in the fields of their imagination and intellect, rather than taking them as substance to be explored, experimented and directly witnessed in the laboratory of your consciousness.

Do not look at these mappings as external blueprints, something you should download and program into your consciousness. No, take it the other way around, start looking into what is in your consciousness and how it correlates with these mappings. That will help it all make a world more of sense.

Our archetypal fields of awareness, primary facets of consciousness, they do fall into a basic lay of the land, as all things do. On the horizontal plane, in the realm of processes, we have cascades, something was before something followed after. On the vertical axis, we have the parent operators, on a plane more abstract, and we have the children, progeny, compositions from particular fields.

And with all of this, there are sequences and there are pairings, couplings, contrasts and complements. Then find these interrelations, map the connections between your fields and nodes of awareness. Then look at them in terms of basic dynamisms. Expanding, contracting. Splitting, joining. Open, closed. Excessive, deficient. Increasing, decreasing. Or balanced, in a stable state.

When the innate framework of awareness itself becomes your instrument for reading and recognition, all the million esoteric schematics will make a world more sense to you. Do not depend on them, use them for supplementary information. Just as in driving a vehicle, you would be looking at the road ahead of you, not just the map.

Further, allow the big picture of your awareness and existence be self-emergent, rather than prescribed by a particular schematic. There's no telling if it's actually accurate or not. Better you rely on what you can directly experience. It's ever a work in progress. Just enjoy the unfolding. Do not crave for the big picture all at once.

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