


HELLO! IS IT ME YOU'RE LOOKING FOR — OR IS IT YOU? (QD025)

◀ Quick Drops ⇨  Video ▶  Audio ▶

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 Hello! Is it me you're looking for? No? How tragic! Who would have guessed. Among the folks going on about topics like this, I find two common extremist factions on the stage.



- Shameless self-promoters. Message exists as a platform for self-exposure.
- Anonymous escapists. Message is a diversion from their boring lives.

Can we just be ourselves and share it as it is? Organic personal content and message for its own sake? Oh yes. It is YOU you're looking for. Actually. All of this is a hall of high-definition mirrors.

#QuickDrops #WhoYouLookingFor #SelfPromoters #Escapists
#OrganicPresence #ManInTheMirror #WomanToo #Okay
#AnandaICU

Hello? Is it me you're looking for? Probably not, because this is not a curated profile designed to appeal to your tastes.

I find that people who go on about topics such as I do typically fall into two extremes. One, the self-promoters who have their face and profile front and center. Who seek to be recognized and use the whatever message they have simply as a means of attracting attention to themselves.

The second are the anonymous, who basically insulate their persona from whatever it is that they publish. You go into their profile, you find a spectrum of internet saved or AI generated images and zero personal reference – no face, no individual to be seen.

And for many of the latter, their publishing, contemplations, are much of an escapade from the boredom and ordinariness of their routine lives. And they would like to keep these two separate, out of social concerns, etc. So there is a certain cognitive dissonance.

Now of the former. Just the other day, there was a bearded fellow who dropped in a volley of high wisdom, whatever non-dual philosophy, into one of these groups – and in the center put for the cover picture a big ass selfie of himself. And so obviously people were asking about this non-dual transcendence and how does your face relate to all of that.

And so I joined the inquirers. I had a couple of questions. The good fellow, he got very upset, defensive and offensive, trying to basically discredit the inquirers, rather than explaining as to why he needs to promote himself in an unrelated context, using the message for self-exposure.

And now yes, my face is also a bit all over the place, but it is so for rather obvious reasons, because these are recorded video talks, and I do not deepfake or modify what I share. This is raw organic content, so I am

naturally present here. I am not however present here in order for you to look at me.

I am present here to have you look at you. It's not me you're looking for – it's you you're looking for. And the hope here is that somehow I will manage to have you look in the mirror with increasing definition, self-awareness, self-reflection, meta-cognition as to what you are, to discover the you that you are actually looking for.

So hello – it is you you're looking for. I can see it in your eyes, I can see it in your cries. Do look into that mirror, encounter yourself. That's all I'm trying to communicate here. Close your eyes if the ugly face bothers you so – I really don't care.

So please don't be an extremist – a shameless self-promoter or an anonymous escapist. Try and find a middle ground, be a living human being, present with your contemplations. That's all there is to it.

 <https://ananda.icu/talks/quick-drops/qd025-hello-is-it-me-youre->

looking-for-or-is-it-you