

SAGE OF EQUAL VISION WITH RAINCOAT READY (QDO35)

◀ Quick Drops ⇨  Video ▶  Audio ▶

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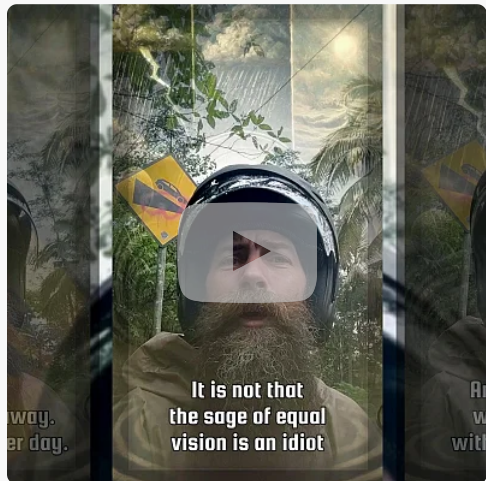
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What's your favorite season? Surviving other seasons? Hostile reaction to bad weather – spawning your misery? What you can change – then change – and what you can't... Why would you waste your life hating it for what it is.



Yes we may aspire for equanimity and most zen attitude. But remember – the sage of equal vision is not an idiot. Don't flush

bread and eat catshit or use rocks for gold. Time for bread and rocks and all – each fine in its turn.

We deal with all things in their season – as they come. Not hating one, longing for the other – that's miserable. As they are, each in their due roles, in nature's order. And as they go – we release and let go without obsession.

*#QuickDrops #Equanimity #NonReactivity #Stupidity
#EqualVision #NonPreference #Acceptance #AnandaICU*

Brain, brain, go away. Come again another day. So the seasons change. You may have your favorite season. You may have the season that you hate. Spring. Summer. Autumn. Winter. Rainy season. Dry season. What have you.

What do you prefer? And what happens when you prefer? When you are preoccupied, even obsessed with your preference, you will want one season to end and another to begin. And with that, you will struggle in the season that be, hoping for a future that is better. Why do you do that? You generate suffering by that.

So we speak of equanimity, equal vision, non-reactivity. What does it actually mean? I am clearly reacting to

the rain. I've got the rain coat on. Yes, there is a necessary response to all things. Do not be silly, that you would not adapt to weather conditions, to the factors present in your environment.

What is not there is the internal reactivity and resistance. The season changes, the weather is whatever that it is at any given time. And with that, we roll onward. Without battling, hoping for something else, without trying to change the reality present before you.

What you can change, by all means you may change. What you cannot change, like the weather up there, then with that you adapt, you survive, you move on happily with what you've been given.

Then again, the sage of equal vision beholds as same – gold, rocks, a bread roll and a nugget of catshit. What do you make of that? It is not that the sage of equal vision is an idiot who throws the gold on the road and who makes a ring out of the rock. Does not eat the catshit and put the bread roll into compost.

No, all things into their due places, but without you being preoccupied dealing with one or the other. We

deal with each of them as they come. And as they go, we let them go without obsession. That's all there is to the concept of equal vision.

It is not an artificial homogeneity, the leveling of things that are not equal. It's simply that you yourself do not have a default preference on what you must deal with and what you refuse to deal with.

So there you go, through the highlights and shadows, with an equal mind, equipoised. Whatever life may throw at me, that's what I live and that's all there is to it.

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