## YOUR ALTERNATIVE SIGNAL — UNDOING THE BRAIN DAMAGE (RB001)

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We broadcast alternative signal. Bring you volumes of content to undo all that damage brain from ingesting surface pop chemicals frnm the algorithm. Like it or don't like it. Watch it anyway. It's good for you. It's a therapeutic process.



Our productions help undo the cognitive warps from watching random crap and indulging in brain rot material.

Deprogramming and reprogramming your injured mind is a choice. Take the high road. Resign from being a product exploited for profit.

#RandomBanter #BroadCast #AltSignal #Therapy #FixYourMind #BeFree #BrainRot #BrainDamage #Reprogramming #AnandaICU

Random rusty old axe. Unrelated. But damn fine steel. So we engage in random banter to keep you engaged, to provide alternative content. Thing is, you lot are so damn absorbed with whatever that feed feeds you, algorithm curates for whatever that captures your mind on surface level — quick stimuli. It's not good for you. You need alternative inputs. Something healthier, something more wholesome. Something that makes your consciousness whole again.

It's not just me. A bunch of people are producing all sorts, but it gets lost. Nobody really pays attention, because everyone is so stuck up in their habitual zones. We're driving in a gradual shift. Broadcasting alternative signals. Gradually saturating your field of vision, your sense of hearing, and your awareness. It

will, in time, be weaned from what the mass media provides you, and return to a more natural condition.

So, whether you like this or not, whether it makes any sense or not, it's certified to be better than the random crap out there, in terms of your mental well-being. Like it, don't like it, watch it anyways. It's a kind of practice. It's a therapeutic process. You can reprogram your consciousness, but only through repeated exposure, through absorption of significant counter-volumes, to overcome the inputs that you have already ingested.

At the end of the day though, it's your call, your choice. If you want to go for those quick shots of happy chemicals wired up by the algorithm, in a manner that gets you hooked — makes you a product, that way of life. You are being exploited, a commodity for the corporations. If you wish to support that direction for the world, do it.

If you wish to support those of us who broadcast alternative signal, also do it. Like, share, comment, whatever that you do. Offer a helping hand. Not just for me, for whoever that you find out there, trying to make a difference in their own little ways. Attend.

When one of you shows signs of life, it's encouraging. Not for me personally. For all of us as a whole. We are actually getting somewhere. Then imagine, if youse and youse and all of you would hop on board, even just a little bit — what might become one day? On that note. Random banter continues. Stay tuned.

https://ananda.icu/talks/random-banter/rb001-your-alternative-signal-undoing-the-brain-damage