

YOUR CONCRETE INNER PALACE + PRIME PATTERN REBAR FIBERS (RBO05)

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Sure build that palace of awareness. Work it proper and solid. Vibrate and compact the concrete forms. No can have have random gaps and cracks. Install prime pattern rebar for the flexible skeleton. Ensure load-bearing structural integrity.

All of life is a metaphor for awareness. World of formations is your training ground. Existence is your work-site. Everything is relevant. Principles are universal. Patterns permeate the fabric of reality. Observe best practices.



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#Integrity #Structures #Flexibility #Processes #Designs
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A concrete vibrator. Extremely relevant and to the point. We are not here to build castles in the clouds. We are here to consolidate real substance.

The short version is: You have rough and fine aggregates, you have cementitious binder, and the right amount of water. Not too much – it turns into porridge, and you're left with awful pores all over it. Might dunk in a can of metacognitive superplasticizer to make sure that everything flows properly into their due places.

Then what you do is you take your beam of insight, clear perception, stick it in – you vibrate it, consolidate everything. If we're talking about proper structural foundations for your awareness, you can't leave random gaps and cracks all over the place.

Then here I have an example of rebar. Short for reinforcement barbeque, 10 mill deformed, good enough for a residential building. What we have with


rebar is a flexible skeleton for your basic load-bearing structures.

Suppose you have a massive earthquake. Those happen in life, even if you're not living like I am at the ring of fire. What happens is the concrete back there, it's going to at some point crack. It's not going to hold forever. You need something to absorb shocks from earthquakes and other impacts, right?

And so what is this rebar in our awareness? The prime patterns of cognition and existence. The main movers, the underlying influences, those are the rebar. Keeps all the specifics in place. Even if the specifics crack, the generals, the universals still hold. They flex because they are not conditioned by specific contexts. So we compact the substance and in it we have vectors, fibers, lines, that hold the beatings of existence.

So then if your steel bars are the shit, can't I just make a house out of rebar, why do I need all of that concrete? Three-finger rule for concrete cover. Prevent the ingress of humidity, the oxidation of your structural fibers. The flexible essence is kept on the inside and the loads of life are born by the concrete castings around it.

All of life is a metaphor for awareness. Then work it properly. Solid compaction. Undecaying flexibility. Streamlined processes and a coherent overall design. So you know, the next time you want to go and build a palace for your awareness. Do it properly.

 <https://ananda.icu/talks/random-banter/rb005-your-concrete-inner-palace-prime-pattern-rebar-fibers>