YOU THE CLEAR PUPIL · THE PEAK OF SEEING (REA002)

◂ Realms of Awareness | LINK 🔗 | IA | YT

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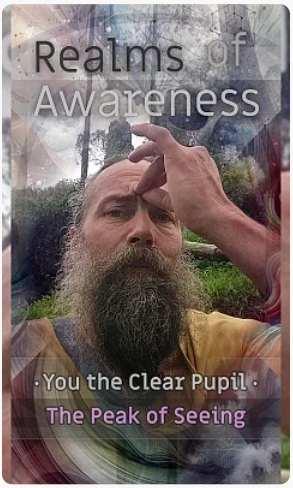
Here you are. As it is. Let all things be seen as they are. Open your eyes. Register the outer environment. Register your inner environment too. The whole of what you are. Your attention fixed. Drifts and tales set aside. Singular focus. A clear pupil. Iris of the eye of recognition. At the peak of seeing. Stay there and recognize.



#RealmsOfAwareness #ConsciousEvolution #Insight #ClearVision #PeakOfSeeing #StationsOfLife #LifeCycle

Clear vision. Here you are, as you are. The world is as it is.

Then identify your environments, inner and outer. Turn your gaze out into the world, without projection, without imagination. Register it as it is. Then turn your gaze inward. Observe the whole stack of what you are. As it is.

Your attention fixed. Singular focus. Refuse the tangents. Tame the scatter. Let go of all that storytelling. It typically spawns into being when you try to coat and veil the raw nature of what is.

Then clear vision. Objective as it stands. Insight and orientation beyond the weave of illusions. You, the clear pupil. Iris of the eye of recognition. At the peak of vision. At the peak of seeing. At the summit of clarity. Stay there and recognize.

🔗 https://ananda.icu/talks/realms-of-awareness/rea002-you-the-clear-pupil-the-peak-of-seeing