

INSIGHT OF PURE REFLECTION • IMPRESSIONS OF ACTUALITY (SPO03)

◀ Stations of the Path ⇨  Video ▶  Audio ▶

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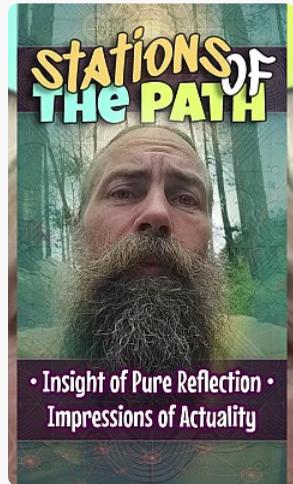
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Our path of conscious evolution is guided with the third insight: Pure Reflection. We open our hearts, immersing ourselves into the textures and flavors of raw and unfiltered reality. Impressions from direct experience free of reactivity – our intimate relation with existence as it is – flows like a clear river of intuitive knowing. This is the third station – pure impressions and pristine reflections – carrying us forward with in current of authentic presence.



#StationsOfThePath

#PureReflection

#Immersion

#ThirdInsight

#StreamOfIntuition

#DirectExperience

#CurrentOfAwareness

On the steady and coherent basis of raw presence and clear perception, the path of our evolution flows into the **realm of impressions**. A realm of affects, feelings born of impressions, yes, but we are not here simply to vibe around or seek emotional gratification.

On the sacred grounds of raw presence and clear perception, pure emotions arise as pristine reflections of actuality. Impressions, raw and free of filters, as it is. Reflections, pure and free of distortion, as it is. These are the nurturing flavors of direct experience. Here is the heart of the engaged witness.

Our feelings no longer stem from ideas in our minds. We no longer react to phantoms born of illusions. We relate, direct and intimate, to reality, as it is, as it may present itself, and we recognize all of it with eyes of clear perception.

The water in the river of our hearts flows cleaner and clearer with each reflection of pure impressions, as it is. These impressions become the field of your trustworthy intuition, the momentum in your current of evolution.

Then, at the third station, we have raw presence, clear perception and pure impressions. With the third insight of pure reflections, the path continues from immersion toward expansion.

 <https://ananda.icu/talks/stations-of-the-path/sp003-insight-of-pure-reflection-impressions-of-actuality>