

WHAT ABOUT AWAKENING: FROM THE INNER DREAMSCAPE INTO PLAIN AND SIMPLE REALITY (WAOO3)

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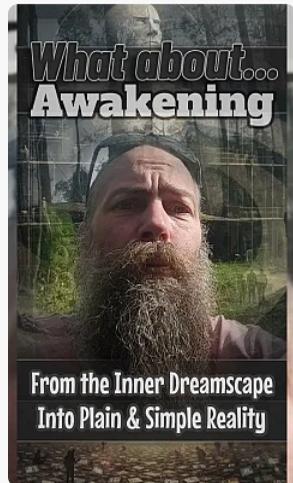
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What about awakening? Beyond our mystic and romantic ideas – really it's all very simple. At the end of night, you return to the living world and your dreams vanish. But you enter a dreamscape painted with your fears and hopes. Not actuality.

Your coat of illusions, this distorting overlay of plain reality, never quite truly aligns. In time the glitches reach a critical mass. You snap out



of the waking dream and face the raw "what is" beyond your ideas. Welcome to the waking world!

#WhatAboutSeries

#Awakening

#WakingUp

#Dreamscape

#Illusions

#PlainTruth

#Actuality

#Enlightenment

What about awakening? How many the mystic narratives and romantic ideas – yet at the end of the day it's all so very simple. "Brother, this morning I experienced an awakening, like a whole new world unfolded before my eyes." Yes, we simply return from our dream world, the world of our ideas, into the full, raw, plain reality.

There's a bit more to it than waking up from a good night's rest, but at the end of the day it's a very similar process. We live our lives in this waking dream, a construct of our ideas born of our fears and our hopes. Like an overlay of reality, a distorting lens, a filter, and there we set our nest.

Yet the dreams we live in often do not line up with actuality, and there are glitches in our experience. This does not add up, this doesn't make any sense at all. And

they reach a critical mass. And so the veil begins to lose its structural integrity. Your dreamscape begins to fracture, the holographic avatar you had taken no longer representative of the fullness of your living experience.

Then some of us, in panic, disoriented, begin to look for a new dream, a new trip to leap into. And some of us begin to look into the waking world. Actually, what is, beyond my ideas, if I simply look at things as they are. What is the truth of it? And as we begin to look for the truth of things, the actuality of things, the world as a whole begins to make sense again.

The message of plain old truth that we heard in the past, it was so very complicated, so very hard to wrap your head around. How uncanny, now it makes a world of sense to me. Well you see, it all makes a world of sense, when you just directly look at it, in all of its plainness. Instead of streaming and piping it all into your little dream clownsuit, routing it all through your twinkly toes and your buttole and the seven spheres of special considerations.

So you know, welcome back to reality, existence as it is, beyond your ideas. Yes, there is a period of dissociation.

When you leap into the witness plane, you look at your life from a high transparent bridge. All of your puppets no longer making sense, yet the new puppets, your new roles, are yet to be formed.

In there, do not start hastily crafting anything at all. Nature self-organizes, finds her way. All we need to do is be present for the essence of what we are in truth. All will gravitate around that. We will return to the living world without the dream overlay as well-rounded entities. Reborn into an intimate relationship with actuality, existence, reality as it is.

So, awakening. Yes please, let's. Let's all return to the reality that rests beyond our ideas. Do not wake up only to chase another dream. Wake up to the simple plain truth of what is – and learn to deal with it. So that's all really. Ring ring goes the bell. Happy waking up.

 <https://ananda.icu/talks/what-about/wa003-awakening-from-the-inner-dreamscape-into-plain-and-simple-reality>