## THE JOURNEY OF INTEGRATION INTO RECONCILED EMBODIMENT (WT007)

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Your life is a murky pool of essence. When will you churn it into refined goods? When will you pause to integrate and consolidate your impressions? We are beyond the blips of your surface present. We are trawling the depths of what is.



Do not fall into madness. Mesmerized by your discoveries, weaving psychotic tales around yourself. Hold firm to your discernment. Sorting the inner herd into the elect and the damned. Integrity leads you to the truth of your kernel.

#WalkieTalkie #Integration #Embodiment #Endgame #Reconciliation #Judgment #Absolution #AnandaICU

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You may have lived a life enriched by a broad spectrum of experiences. You may have touched upon the yonder shores of the cosmos. But where does that leave you? You still hold nothing of true substance until you pause to consolidate, integrate all that you have. Churning your pool, refining all of your life's yields into true living essence. This is the journey into reconciled embodiment. Plunging deep into your increasingly saturated inner basin.

On this journey, your intellectual constructs will be of little use. We are talking about the extraction and harmonization of essence itself — not your ideas about it. Yes, there must be reason in way of discernment.

Determining true/false, illusions/realities. Worthy and worthless, elected and condemned — the sorting out of your own inner herd.

Now that may sound like a mystic journey — but it is not only for the mystics isolated from the world, it is for each one of us seeking to integrate our life's essence.

Now are there apocalyptic undertones to this process? Yes, there certainly are. Your conflicts and inner battles will be many as your reconcile and harmonize all that you carry, all that you have accumulated. How do you think all those apocalyptic narratives came into being? They are descriptions of a certain final cognitive process, an endgame of your integration.

Do not fall into madness. Do not entertain psychotic episodes woven around your self-importance, born of the recognition of your essence. You are just as every one of us, simply in a particular phase of your cognitive process. Do not indulge in your inner hallucinations. Do not be mesmerized by your contents. Go forth in a quest for truth, clarity, absolution. That is the way of crossing beyond. Beyond into purity, beyond into alignment, beyond into the consummation of your life-cycle as a whole.

These are the Deeplands of your awareness. Either integrate and reconcile or blur — fall into senility, confusion. Confront yourself, judge yourself, and you will be consummated in truth. Bypass and you will perish. These are no more the leisurely winds in our walkabouts. This is the maelstrom from the deep. The Kraken will pull you under, and from the depths of your own abyss, you will discover a jewel that sets you free.

You are like an oyster forgetting how to produce pearls. How tragic. Rediscover your essence. Compact it into true substance. It is will that taught you the ways of engagement. Now it is integrity that will show you the ways of truth. Complete harvest and integration of your essence. Absolute in its truth. That's all. Do it. Do it and you will be spared.

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