


THE SECRETS OF INNER EARTH • YOUR VEHICLE OF PRESENCE (WTO09)

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We seek the foundation of true presence. Not a dimension you'll reach in the yonder sky. Nothing but the truth of your embodied presence – the actuality of all that you are. What other vehicle do you have for being fully present?

This installment opens the Walkie Talkie journey into the living heart of the elements. Welcome to the Inner Earth – the fabric of your construct, the perimeter of your matrix of existence. Recognize and acknowledge all that you are.



#WalkieTalkie

#InnerEarth

#Presence

#ElementOfEarth

#Introspection

#SelfKnowledge

#Embodiment

#ImmanentTruth

Earth – the final frontier. These are the journeys of the walking talker across the fabric of present reality. As we're trying hard to be present, this presence only ever happens for real when we are on the map of actuality.


When you turn away your attention from the yonder trips in your mind and actually attend to what is present in you and before you. Beyond distortions born of your reactivity, charting the full measure of actuality. The lay of the land in its own terms, free from your opinions.

Only for those with the guts to walk into every last dark corner of your being, will the secrets of the inner earth be revealed. You have your subject shell with its history and its imprints. If you resist it, what exactly is your vehicle for being present here? You can hardly be present in the actuality that surrounds you when you fail to be present in the actuality within you.

So don't be shy, don't be afraid. There's no one in there to bite your head off, save and except for the parts of yourself that you keep in hiding. Those shadows, yes, lurking underground, but it's time to rattle them to the surface. Let the light of your unreserved awareness shine into the fullness of what you are.

Acknowledge and own up the full fabric of your being. Only then will you see where true growth can happen. Only then does the path to your conscious evolution open wide. In full awareness and recognition of your inner earth, as it is, present – not as it was in the past, not what you hope in the future, but in the present. When you are there, the world outside of you will be full of presence.

Don't ask Santa Claus for presents. Presence will be there when you unveil your fullness. Gift unto yourself what you are. Do not try to escape from your earthly presence. Instead embrace it for what it is. It's the only foundation that's for real that you'll ever have. Be well, ever grounded in actuality.

 <https://ananda.icu/talks/walkie-talkie/wt009-the-secrets-of-inner-earth-your-vehicle-of-presence>